

Newsletter, Term 1, 2023

13 February – 6 April

Orange Senior Village Hub (OSVH)

77a Kite Street, Orange NSW 2800 (entrance via Woolworths Carpark) PO Box 9017, Orange NSW 2800

Contact: Secretary ddolstra@bigpond.net.au – Membership Secretary: penrosel@tpg.com.au

Website: <http://orange.u3anet.org.au>

WELCOME TO ANOTHER YEAR. I hope 2023 is a good year for all folks.

January and February will be busy start to the year with Enrolment Day at the Hub. (The Senior Citizens Centre) on Monday 30 January. You might remember that last year we changed locations in the shopping centre at the last minute and many of our folks couldn't find us down the other end where we were move to. We will also have the convenience of nearby toilets, and the kitchen where morning tea will be ongoing from 9.30am until about 2pm.

Then from Tuesday 31 January to Monday 13 February someone will be in the office to take enrolment and membership form from 10am to 12noon, Monday to Friday. If these times are inconvenient for you, please don't panic! There is no cut off date and we will still take enrolments as the year goes on. Forms will be available from the office or ask your course leader.

Also please note that we have arranged for a card connection to the credit union so from this year you can pay either by cash, cheque, direct debit or use your card.

We are in the process of getting a new photo copier/printer maybe from OfficeWorks during the break. This will make it easier for us to get our forms out. It will only be black and white and inkjet.

We welcome Penny Todman as the new course co-ordinator. We hope that you enjoy your term and offer any assistance that you may need.

INSPECTION OF ALL OUTSIDE VENUES. At present I am visiting all outside venues where our classes are held. This is necessary for insurance purposes. They include the Church of Christ, Westend Motor Lodge and the properties of Orange City Council, the Art Society Rooms at the Culture Centre, The Art Gallery, Orange City Library, The Conservatorium of Music and a few private homes.

The committee will be having a general meeting on Friday 17 February at 10am at the Hub.

COUNCIL IS HOSTING A SERIES OF MUSICAL PERFORMANCES. Council is hosting Tracy Hardwick for a series of musical performances and interactive sing-a-longs. Four sessions will be held commencing on Monday 9 January 2023,

and continuing each Monday in January, from 1pm–3pm at the Orange Seniors Village Hub, 77 Kite Street, Orange. Each session is FREE and afternoon tea is included. To register simply call 6393 8600

OTHER NEWS. Over the Christmas break work has been done to both kitchens at the Hub. It will be nice to see the changes and improvements. So we will start the New Year with a new kitchen.

The board, cards and games group will be making an start early on Wednesday 11 January and always welcome new folks to join in the fun on a Wednesday afternoon.

Morning tea at the Orange Ex-Services Club will commence on Friday 10 February from 10am. This is a friendly opportunity for folks to sit and chat and get to know each other away from the more formal surroundings of the courses room.

If anyone would like to take a course as leader, there are still a few time slots available that we can slot you into.

GEOLOGY CLASSES. This group will continue to explore local and distant rocks, minerals, volcanos and earthquakes, as well as how rocks play an important part in everyday things. Weather permitting, short excursions could be included. Learners not able to attend Geology on Mondays are also encouraged to enrol and just receive the weekly notes to their internet address.

ORANGE U3A WEBSITE. The Australian U3A Newsletter U3AAA Bulletin No. 36, November 2022 has been uploaded to our website at <https://orange.u3anet.org.au/> and makes for interesting reading.

ORANGE U3A FACEBOOK PAGE. We would encourage everyone to join the Orange U3A Facebook page. Just type in Orange U3A into Facebook and join in the fun.

DATES TO REMEMBER

- **Enrolment Day, Monday 30 January, Orange Senior Village Hub, 9.30am–2pm**
- **Term 1 starts Monday 13 February**
- **Friday Social Morning Tea venue and dates for Term 1, Orange Ex-Services Club, 10am, 10 February and 10 March**

Note from the President

Welcome to a new year and I hope that it will be a good year for all. Now that the celebrations of Christmas and New Year are behind us and we move into all the adventures that a new year brings. Before we start back we will have Australia Day. From my records it did not become a nationwide celebration until 1935. Originally, the anniversary was not recognised and deemed unimportant until 1808. This was when a small group gathered together to “celebrate their love of the land they lived in”. Sadly this message has been lost and it has taken on other meanings. We live together in this land. Please enjoy it and if you get a chance explore it. It’s great! Have a good year and enjoy the best of health – *Elizabeth*

| Committee Members | | | TERM DATES | |
|-----------------------------------|-------------------|--|---|--|
| President | Elizabeth Griffin | 6361 1920 | Term 1 , 13 February – 6 April | Class accommodation is only booked between these dates each term, except for Wednesdays |
| V/President | Barry Jensen | 0419 803 651 | Term 2 , 8 May – 30 June | |
| Secretary | Derek Dolstra | ddolstra@bigpond.net.au | Term 3 , 24 July – 15 September | |
| | | | Term 4 , 9 October – 17 November | |
| Treasurer | Jenny Solling | 0409 557 004 | Meetings & Social Dates, Term 1 | |
| Publicity Officer | Michelle Holland | 0401 693 297 | COMMITTEE MEETINGS | |
| Membership Secretary | Jean Penrose | 6315 6025 | Friday 20 January, Friday 17 March, Friday 21 April | |
| Committee | Ray Norman | 6361 4385 | GENERAL MEETING (for all members) | |
| | Christine Fraser | 0419 277 606 | Friday 17 February | |
| | Bev Holland | 6362 4744 | Lunch after the meeting at the Golden Bowl Chinese Restaurant, Lord's Place | |
| Social Secretaries | Ron Mills | 6360 0115 | Please contact Ron Mills for a booking. | |
| Course Leader | Isabel Mitchell | 6365 8228 | Meetings are held at the | |
| Co-ordinator | Penny Todman | 0438 252 897 | Orange Senior Village Hub and commence at 10.30am | |
| Course Leader Liaison | Christine Fraser | 0419 277 606 | FRIDAY SOCIAL MORNING TEA VENUE, TERM 1 | |
| Welfare Secy | Jenny Sams | 6362 9638 | Orange Ex-Services Club, 10am | |
| Grievance Officer | Kate O'Connell | 6362 8537 | 10 February and 10 March. | |
| Newsletter & Webmaster | Barry Jensen | 0419 803 651 | Remember Orange Ex Services Club opens 10am. | |
| Equipment Officer | Bev Holland | 6362 4744 | Contact Isabel Mitchell on 6365 8228 to make a booking. | |



The Orange U3A December 2022 Morning Tea at Orange Ex-Services Club.

Venue Abbreviations

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| ASR | Art Society Rooms, Cultural Centre in Woolworths car park. Use door closest to Harris Farm Markets and the Orange Arcade. |
| C of C | Church of Christ, Cnr Rawle Ave & Burrendong Way. |
| OSVH | Orange Senior Village Hub, 77 Kite Street, (entry via ramp from Woolworths car park). |
| OAG | Orange Art Gallery, adjoining Orange City Library – Byng Street. |
| OCL | Orange City Library, Byng Street. |
| ORC | Orange Regional Conservatorium 73a Hill Street (almost opposite car wash). |
| WEML | Westend Motor Lodge, 2–6 Dalton Street, Orange. |

Term 1 Program

MONDAY

Grey Matters OSVH 9.30–11.00am. Why do we think the way we do? Why can two people think so differently about the same issue? We all have a world view and this course will equip us to understand the way we think, how worldviews have changed over time, and how clashes of worldview create conflict. An interactive and thought provoking beginner's guide to world views. Includes useful course handbook. Open to newcomers. **Course Leader:** Lydia Smith 0458 017 527, lydiasmith1066@gmail.com

Armchair Travel OSVH 11.30am–12.30pm. Enjoy our members travel tales from around our great country or overseas in the company of friends. **Contact:** Ray Norman 6361 4385.

Pencil Drawing OSVH 1.15–2.45pm. Interested in drawing? Let's start at the beginning then branch off into the area of your interest and ambition. Contact the Course Leader for equipment needed for first lesson. **Course Leader:** Lynne Atkins 0476 664 489.

Geology OSVH 3–4pm. This group will continue to explore local and distant rocks, minerals, volcanos and earthquakes, as well as how rocks play an important part in everyday things. Weather permitting, short excursions could be included. Learners not able to attend Geology on Mondays are also encouraged to enrol and just receive the weekly notes to their internet address. **Course Leader:** Derek Dolstra 6361 4872, ddolstra@bigpond.net.au

Russian History 10am–12 noon. Held as five week blocks over three terms, continuing Term 1 on Monday 13 February at 10 Amana Circuit, please ring for directions. **Course Leader:** Diane Melville 0428 494 932.

TUESDAY

Art Appreciation OAG 2.00pm. Sessions will be held the second Tuesday of each month during term. The Education Liaison Officer at the Gallery takes us on a journey through current exhibitions. Unfortunately this popular course is full, with those enrolled in 2022 continuing – no new enrolments will be accepted for 2023. **Contact:** Julie Horspool 0428 617 595.

Creative Writing OSVH 10.00–11.30am. We are an enthusiastic group of people who simply enjoy writing. We encourage good writing and self editing, but do not offer censorship. Weekly sessions require each person to do some spontaneous writing and are given writing exercises for homework to be read out (if desired) on the following week. At the end of the year a book of our work is published called *The Moving Finger*. **Course Leader:** To be advised.

Continuing French – Advanced OSVH 1.00–2.30pm. **Beginner's** 2.30–3.30pm. Please contact Christine for more information. **Course Leader:** Christine Rondeau 0417 257 684.

Painting for Fun 1.30–3.00pm ASR. Edna Silvester has moved to Dubbo but this course is continuing. Painting for fun is an interesting venue for working in all mediums. Come along and enjoy the challenges. **Course Leader:** Ray Norman 6361 4385.

Music Appreciation 1.30pm C of C. Starts on Tuesday 7 February. Come and see if you like it, always relaxing. Music is important to connect the brain. Every week the group listens with 'listening ears' as directed, to a specific work and its composer. **Course Leader:** Ruth Harrison 0427 500 035.

WEDNESDAY

- Lively Discussion** OSVH 10–11.15am. This group discusses a wide range of interesting and stimulating subjects. Each week there is a new quick topic and a new in depth topic to be explored. **Contact:** Christine Fraser 0419 277 606 or Helen Nicholson 0447 096 677.
- Cryptic Crosswords** OSVH, 11.15am–12.30pm. Think outside the square and learn to decipher those CRYPTIC clues that seem to make no sense at all. There is expert help to guide you through the maze of words. **Course Leader:** Helen Byrne 0447 624 364 pandhbyrne@gmail.com
- Craft Classes** OSVH (South) 1–3pm. Are you interested in having a crafty afternoon with friends? Welcome back to Kristine Smith who has volunteered to run craft classes in the south (wooden-floored) room at the Orange Senior Citizens (the Orange Senior Village Hub). On the first week back the class will discuss what types of craft they would like to learn. Some suggestions are crochet, knitting, Origami, scrapbooking and card making. Classes start at 1pm and continue to 3pm (or even 4pm). Just turn up. **Course Leader:** Kristine Smith 0428 011 700 or kristinesmith11@gmail.com
- Card & Board Games** OSVH. 1–4pm. Another long running session where Marjong, 500, Scrabble and Canasta will be played this year. Afternoon tea 50c. An extra \$10 per person per year to cover costs of classes out of U3A terms. **Course Leader:** Jenny Solling jasolling@gmail.com or 0409 557 004.
- Ipads and Iphones** OSVH, 2–3pm. This course is basically for individuals, covering Ipads, tablets and Iphones. Please ring to check if your equipment is covered by Michelle or Bev's expertise, as there are so many different brands on the market that do not speak to each other these days. Also ring to check the venue. **Contact:** Michelle Holland 0401 693 297, michellehollandaust@gmail.com

THURSDAY

- Recorder Consort** C of C 11.30–12.30pm. A group of recorders playing in four parts with music from the Renaissance to a more modern style. They play for U3A functions and at local retirement homes regularly. **Course Leader:** Ruth Harrison 0427 500 035.
- Literature** WEML, 2–3pm. Study 12 novels throughout the year, chosen by group members the year before. We read and share poetry chosen by members for four sessions at the beginning of each term. Novels are studied one week and short stories, microfiction or essays are read and discussed the next week. Each member receives a detailed outline of the weekly discussions at the beginning of the year. Group members volunteer to prepare information and discussion questions for each of the novels read. **Course Leader:** Sue Adams 0467 529 990 and Julie Horspool 0428 617 595.

FRIDAY

- History Unravalled** OSVH, 2–3.30pm. Come on an adventure through history. Who knows where we might explore about Australian History and what events we will discover. Cross the centuries and some foreign countries to discover the impact that they had on Australian History. Possibly a bus trip or two can be organised to explore why early settlers settled in the district. **Course Leader:** Elizabeth Griffin egriffin31@outlook.com or 6361 1920.
- Simply Ukcs Ensembles** ORC, Friday 10.30–12 noon and Saturday 11.00am–12 noon usually during school terms. First classes for this term start on Friday 3 February and Saturday 4 February. Classes are held at the Orange Regional Conservatorium (ORC) in conjunction with students enrolled via the ORC. Beginners are welcome and preferably should contact Lee prior to first class to get a heads up on how the classes are run and what will be provided. **Course Leader:** Lee Britton 0411 219 537.
- Friday Social Morning Teas** at the Orange Ex-Services Club at 10.00am. In Term 1 the dates are Friday 10 February and 10 March. They are regularly held in term-time on the 2nd Friday of each month. Remember the Ex Services Club opens at 10am. **Contact** Isabel Mitchell on 6365 8228 if you wish to attend.